

Welcome to the GOODNESS GAMES!

Participating in the GOODNESS GAMES is a wonderful way to remind ourselves and others to continually do acts of goodness. The chart below highlights 17 ways that you can rock the world with goodness! After you complete each act of goodness, place an X in the corresponding square. You may want to hold a special celebration when you have completed all 17 acts of goodness! As an alternative icebreaker/ group activity, you may want to ask other people to describe a time or situation in which they demonstrated a particular act of goodness, then write their name or initials in the appropriate square; continue until you have completed the chart. Congratulations on rocking the world with goodness!

GIVE Give or share what you can with others, such as time, finances, food, clothing, and talents!	RECEIVE Be willing to receive what others freely give, such as gifts, assistance, apologies, words of encouragement, and more!	LEARN Ask questions, observe, listen, and increase your understanding of people and the world! Learn how to do or make something new!	INSTRUCT Teach others what you know, or know how to do. Share your insights and knowledge to help make the world a better place!
APPRECIATE Recognize and appreciate the value of others, and the gifts that they are to the world! Be thankful for all of the blessings in your life!	REJOICE AND CELEBRATE! Celebrate large and small victories, steps of progress, and happy things and events! Focus on the positive!	FORGIVE Release and be released from painful situations and memories!	BUILD AND ENCOURAGE Build people up instead of tearing them down; encourage instead of criticize. Find practical ways to help people – including yourself – achieve their goals and destinies!
REST AND BE PATIENT Trust in the Lord, and He will take care of the things that concern you. Give people and situations time to develop and shine!	SING AND DANCE AND MAKE ART! Find creative ways to be expressive and share your ideas with the world!	INSPIRE Be a role model and inspire others to achieve their goals and destinies!	LEAD AND SERVE We are all called to lead in certain areas of life. How can you best serve the needs of those you are leading?
PLAY Take time to enjoy life, use your imagination, and have fun!	PERSIST Persistence and determination lead to success! Keep moving forward! ¡Ándale!	PRAY Talk with the Lord! Bring your concerns to the Lord, and ask for His insight and guidance!	DO AN ACT OF GOODNESS: YOUR CHOICE! The world needs more goodness. What can you do to make the world a better place?
R.A.P. (REVIEW AND PLAN) Hold a R.A.P. session/party! Review the different acts of goodness that you have done, and Plan more acts of goodness to do in the future!	Congratulations! You have completed the GOODNESS GAMES! Thanks for rocking the world with goodness, and helping to make the world a better place!		